With over three decades serving patients, Sagent Behavioral Health is one of the furthest-reaching behavioral health organizations in the country. We are on a mission to empower people to be the best version of themselves by providing therapy, psychiatry, substance use, and a variety of other services for adults, children, couples, and families.

We believe that:

- Every person is valuable and worthy of kindness, love, and compassion.
- Profound change is possible.
- We make a difference by meeting people where they are, engaging them with dignity, and empowering them to deal with life's challenges to be their best selves.
- We admire the courage and vulnerability it takes to make changes in one's life.
- It is a privilege and honor to share this journey.

Our Vision

We are striving for a world in which focusing on your mental wellbeing is recognized as a strength, getting help is easy, and every person is seen as valuable, with unique gifts.

Our Values

Our values guide our actions, and we are fueled by HOPE: humility, optimism, people-centered, ethical practice.

Our Reach

- We serve more than 100,000 patients through approximately 1.4 million patient encounters annually.
- Our team of 2,000+ includes over 1,600 clinical staff with expertise and specialties that span the gamut of behavioral health services and other supports.

Services & Programs

- Therapy
- Psychiatry
- Substance Use Treatment
- Dialectical Behavioral Therapy (DBT)
- Psychological Testing (including ADHD)
- Community-Based Services

Where We're Located

- 80+ locations in five states, including Iowa, Minnesota, Missouri, North Dakota, and Wisconsin.
- In-person and virtual options.
- We accept most commercial and state insurance.

Investing in Communities

We are committed to making a difference in our communities and industry, and participate in many organizations and events, including:

In addition, our dedicated experts spend time at the local and national level, shaping policy, educating others on behavioral health issues, and volunteering with various nonprofits and advocacy organizations.